



**For a Stronger,  
Better, Longer Life**



**2025 Product Catalog**

- International Distributors -

# Who Are We?

Since 2004, BIOptimizers® has been formulating breakthrough digestive, nutritional, and cognitive supplements designed to optimize humans; a process referred to as BIOptimization. CEO Matt Gallant and President/Director of Education, Wade Lightheart are driven by an obsession to build the best-in-class formulas on the planet, bringing more than 30 years of fitness and health-related experience to the supplement industry.

BIOptimizers has trademarked six U.S. breakthrough formulas including industry standouts MassZymes®, P3-OM®, and Mushroom Breakthrough™. In 2021 BIOptimizers acquired Nootopia, a revolutionary line of nutraceuticals created by webnutrients.com and will expand its nutrition category in 2025 with a dozen new formulas.

With endorsements from the World's Top BIOhackers and Health Experts, and hundreds of thousands of loyal online customers, BIOptimizers Founders Matt Gallant and Wade Lightheart are proud to introduce the company's full suite of supplements to the retail market for the first time.



President / Director of Education



CEO / Co-Founder

# P3-OM®

## Patented Probiotic Strain that Supports Digestive Health, Gut Flora, and Protein Assimilation



- A patented, single-strain *L. plantarum* with unique properties
- May help maintain low levels of suboptimal gut bacteria while supporting the beneficial ones
- Produces proteolytic/digestive enzymes and beneficial postbiotics that improve the overall gut flora
- Survives stomach acid and bile
- Shelf-stable and maintains viability at typical use and supply chain conditions
- Moderate biofilm former, which means they're more likely to colonize or stay longer in the gut
- Designed to support digestive function in various environments such as while traveling overseas or to new environments

Available in 30, 60, and  
120 Veggie Caps

Patented Proteolytic  
Probiotic  
Version 2.0

	Amount Per Serving	% Daily Value*
<b>Lactobacillus Plantarum OM</b>	<b>250 mg</b>	<b>*</b>
	(10,000,000,000 CFU/g, 2,500,000,000 CFU)	
*Percent Daily Value not established.		
<b>OTHER INGREDIENTS:</b> FRUCTOOLIGOSACCHARIDES, STABILIZED RICE BRAN, VEGETABLE CAPSULE (PLANT CELLULOSE AND WATER)		
<b>MANUFACTURED FOR BIOOPTIMIZERS USA INC., 5470 KIETZKE LANE, SUITE 300, RENO, NV 89511</b>		

## Product Certifications



Made in the USA with domestic and imported ingredients.

Patent #US 5895758 A

## Find Out More

[www.p3om.com](http://www.p3om.com)

## Key Features

- Supports digestive health
- Supports a robust and balanced immune response
- May inhibit suboptimal gut microbes
- May support weight loss goals in combination with diet and exercise

## Suggested Use

Take 1-2 capsules with each meal, and take 1-2 capsules at night before bed.

Store in a cool / dry location.

### Caution:

- Probiotic cultured on milk-containing medium
- Do not use it if ulcer or gastritis are present

## Product Dimensions

### 120 Veggie Caps

Cap Diameter: 1.5 inches  
Bottom Diameter: 2.2 inches  
Height: 3.8 inches  
Weight: 3.33 ounces



### 60 Veggie Caps

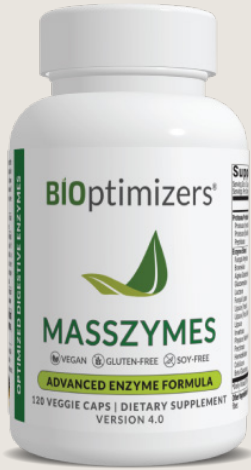
Cap Diameter: 1.5 inches  
Bottom Diameter: 1.9 inches  
Height: 4 inches  
Weight: 1.82 ounces



### 30 Veggie Caps

Cap Diameter: 1.8 inches  
Bottom Diameter: 1.9 inches  
Height: 4 inches  
Weight: 1.31 ounces





# MassZymes®

## Potent Enzyme Formula

- MassZymes is a 19-enzyme full-spectrum formula with 3 different kinds of protease. Plus, it contains all of the key enzymes needed for optimal digestion
- Full-spectrum digestive enzymes that work across all gut pH, even with suboptimal stomach acidity
- Contains plant-based enzymes that help break down common gut irritants, antinutrients like phytates and sugars that cause bloating
- Contains plant-based systemic enzymes that support muscle recovery from workouts and training when taken at high doses on an empty stomach

Available in 30, 120, and 250 Veggie Caps

### Proteolytic Enzyme Formulation

Version 4.0

(Version 3.0 - exclusively in the EU)

	Amount Per Serving	%DV
<b>Protease/Peptidase Blend</b>	<b>213.9 mg</b>	<b>*</b>
Protease (neutral/alkaline)	172,000 HUT	
Protease (Bacillus subtilis)	143,000 HUT	
Peptidase	7,000 HUT	
<b>Enzyme Blend</b>	<b>357.6 mg</b>	<b>*</b>
Fungal Amylase	10,000 DU	
Bromelain	1,800,000 FCCPU	
Alpha Galactosidase (Aspergillus niger)	475 GaU	
Glucoamylase	32 AGU	
Lactase	3,162 ALU	
Fungal Lipase	4,236 FIP	
Lipase (Yeast)	306 FIP	
Lipase (Food Grade)	61.2 FIP	
Lipase	153 FIP	
Invertase	1,392 SU	
Phytase (Native Yeast)	32 U	
Pectinase	19 ENDO-PG	
Hemicellulase	948 HCU	
Cellulase	632 CU	
Beta Glucanase	12 BG	

\*Daily Value (DV) not established.

**Other Ingredients:** Rice flour, hypromellose (capsule), organic rice fiber.

## Product Certifications



Made in the USA with domestic and imported ingredients.

## Find Out More

[www.Masszymes.com](http://www.Masszymes.com)

## Key Features

- Designed to aid digestion and support digestive issues
- Breaks down proteins, fats, starches, and sugars
- Helps support increased post-meal energy levels
- Take on an empty stomach for systemic enzyme benefits

## Suggested Use

Designed to be taken with meals and protein shakes.

Take 3 capsules with each meal.

*(May take 1-3 capsules with each meal and 1-2 capsules in between the meals)*

Store in a cool / dry location.

### Caution:

Do not use it if ulcer or gastritis are present.

## Product Dimensions

### 250 Veggie Caps

Cap Diameter: 1.5 inches  
Bottom Diameter: 2.5 inches  
Height: 5 inches  
Weight: 5.10 ounces



### 120 Veggie Caps

Cap Diameter: 1.5 inches  
Bottom Diameter: 2 inches  
Height: 4 inches  
Weight: 3.5 ounces



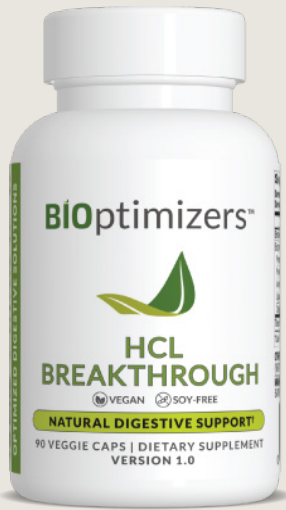
### 30 Veggie Caps

Cap Diameter: 1.5 inches  
Bottom Diameter: 1.80 inches  
Height: 3.6 inches  
Weight: 1.18 ounces



# HCL Breakthrough™

## Restore Healthy Stomach Acidity



- HCL Breakthrough is an all-natural source of betaine hydrochloric acid to help maintain healthy stomach acid levels and support digestion
- Supports stomach acid levels for protection against food-borne contaminants while aiding in gut movement and detoxification
- Includes five different types of digestive enzymes designed to function in acidic conditions
- Promotes absorption of amino acids, vitamins, and minerals
- 100% plant-based and pepsin-free formula for those who want to avoid animal-sourced enzymes
- Contains trace minerals to help replenish those depleted by modern living and environmental stressors

90 Veggie Caps  
Hydrochloric Acid  
Version 1.0

### Supplement Facts

Serving Size: 1 Capsule  
Servings Per Container: 90

	Amount Per Serving	%DV
Betaine HCL	500 mg	*
Enzyme Blend	21.5 mg	*
Protease 3.0	25 SAPU	*
Protease 4.5	2,500 HUT	*
Amylase	625 SKB	*
Lipase	750 FIP	*
Cellulase	750 CU	*
Trace Mineral	5 mg	*

\*Daily Value not established

**OTHER INGREDIENTS:** RICE EXTRACT, CAPSULE (VEGETABLE CELLULOSE AND WATER)

### Product Certifications



Made in the USA with domestic and imported ingredients.

### Find Out More

[www.hclbreakthrough.com](http://www.hclbreakthrough.com)

### Key Features

- Promotes healthy stomach acidity, a natural defense against gut pathogens
- Supports digestion and detoxification
- It's 100% vegetarian, derived from beets and contains no animal byproducts
- HCL Breakthrough™ does NOT contain pepsin, like nearly all HCL products out there
- Contains 5 different types of enzymes to digest proteins, fat, and carbohydrates

### Suggested Use

Take 1 capsule with each meal, or within 30 minutes of eating a meal.

Store in a cool / dry location.

### Product Dimensions

#### 90 Veggie Caps

Cap Diameter: 1.5 inches  
Bottom Diameter: 2 inches  
Height: 4 inches  
Weight: 2.85 ounces



#### Caution:

Do not use it if ulcer or gastritis are present.

# Gluten Guardian

## Gluten Digestive Enzymes



- Formulated to support the digestion of gluten and casein, which can be difficult for many people to digest
- Contains a blend of six plant-based proteolytic enzymes, including Peptidase DPP-IV, designed to help break down gluten
- Includes additional enzymes for breaking down complex carbohydrates and four enzymes specifically for efficient lipid (fat) digestion
- Even with a gluten-free diet, many restaurants or kitchens don't fully separate gluten-containing foods. This means there's always a risk of accidental gluten exposure when eating out.

90 Veggie Caps

Gluten Digestive Enzymes  
Version 3.0

	Amount Per Serving	%DV
Enzyme Blend	1,023 mg	
Protein Digestion		
Peptidase DPP-IV	6,000 DPP IV	*
Protease	288,000 HUT	*
Neutral Bacterial Protease	18,000 PC	*
Alkaline Protease	3,600 PC	*
Acid Stable Protease	600 ASPU	*
AstraZyme™	150 mg	*
<small>(proprietary blend of proteolytic enzymes with extracts of astragalus/notoginseng and trace minerals)</small>		
Carb Digestion		
Amylase	45,500 SKB	*
Bacterial Amylase	3,600 BAU	*
Lactase	2,400 ALU	*
Glucoamylase	60 AG	*
Trace Minerals	30 mg	*

\*Daily Value not established

**OTHER INGREDIENTS:** RICE EXTRACT, CAPSULE (VEGETABLE CELLULOSE AND WATER)

**Gluten Guardian** is free of fillers, artificial colours, flavors and preservatives. It is NON-GMO, NON-SOY,

## Product Certifications



Made in the USA with domestic and imported ingredients.

## Find Out More

[www.glutenguardian.com](http://www.glutenguardian.com)

## Key Features

- Specifically designed to support digestion
- Offers relief from occasional gas, bloating, indigestion
- Supports the digestion and absorption of food
- A blend of six (6) plant-based proteolytic enzymes that includes Peptidase DPP-IV as well as 4 enzymes that break down starches and sugars
- Peptidase DPP-IV synergizes with 4 proteases to break down proteins inside of wheat
- Gluten Guardian is free of fillers, artificial colours, soy-free preservatives
- It is NON-GMO, NON-DAIRY, and is in vegetarian capsules

## Suggested Use

Take 3 capsules with a glass of water at the beginning of each meal.

Store in a cool / dry location.

## Product Dimensions

90 Veggie Caps

Cap Diameter: 1.5 inches  
Bottom Diameter: 2 inches  
Height: 3 inches  
Weight: 2.2 ounces



## Caution:

Do not use it if ulcer or gastritis are present. Gluten Guardian is not a treatment or cure for Celiac disease or gluten sensitivity. It does not make it possible for Celiacs and gluten-sensitive people to enjoy bread and pasta without symptoms.

However, it may help break down gluten and provide some relief in cases of minor and occasional exposure.



[www.bioptimizers.com](http://www.bioptimizers.com)



[support@bioptimizers.com](mailto:support@bioptimizers.com)



1.800.719.2467

BIOptimizers

# Herbal Power Flush

## Effective Constipation Relief Constipation



- Clear excess waste that may be stuck in the colon
- Stop feeling “backed up” and have a clean, clear digestive system
- Have more regular, healthier elimination

90 Veggie Caps

Digestive Cleanse

Version 1.0

	Amount Per Serving	%DV
Psyllium ( <i>Plantago ovata</i> ) seed husk	133 mg	**
Cascara Sagrada ( <i>Rhamnus purshiana</i> ) bark	117 mg	**
Red Clover ( <i>Trifolium pratense</i> ) flower	67 mg	**
Kelp ( <i>Ascophyllum nodosum</i> ), whole plant	67 mg	**
Cellulase (150,000 CU/g)	81.9 mg	**
Amylase (100,000 DU/g)	14 mg	**
Phytase (50 FTU/g)	8.7 mg	**
Protease (500,000 HUT/g)	8.7 mg	**
Lipase (15,000 FIP/g)	3.5 mg	**

**Other Ingredients:** Vegetarian capsule (hypromellose, water).  
\*\*Daily Values not established

## Product Certifications



Made in the USA with domestic and imported ingredients.

## Find Out More

[www.HerbalPowerFlush.com](http://www.HerbalPowerFlush.com)

## Key Features

- Precise blend of dietary fiber and herb extracts plus digestive enzymes
- Designed to provide effective relief for constipation and help promote bowel movement
- Helps to stop feeling “backed up” and have a clean, clear digestive system

## Suggested Use

Begin by taking 1 capsule as a single dose at bedtime with a full 8 ounce glass of water. Allow at least 6 to 12 hours for laxative effect to occur. Take a few hours before or after taking other medications or health products. Best taken on an empty stomach. Take two to three times per week. If results are not observed, the frequency of use may be increased up to once daily.

Store in a cool / dry location.

## Product Dimensions

90 Veggie Caps

Cap Diameter: 1.5 inches

Bottom Diameter: 2 inches

Height: 4 inches

Weight: 3.4 ounces



### Caution:

Do not use if pregnant or breastfeeding.



[www.bioptimizers.com](http://www.bioptimizers.com)



[support@bioptimizers.com](mailto:support@bioptimizers.com)



1.800.719.2467

**BiOptimizers**



# Para Guardian™

## Parasite Digestive Aid

- Para Guardian is a precise blend of 13 natural plant and herb extracts, plus 5 digestive enzymes
- Designed to support the body during times of infection, especially from parasites, fungi, or viruses.
- Supports a healthy microbiome

90 Veggie Caps  
Digestive Cleanse  
Version 1.0

Amount Per Serving %DV		Amount Per Serving %DV	
Black Walnut Extract 10:1	65 mg *	Goldenseal Root	28 mg *
Walnut Leaf Powder	44 mg *	Barberry Root Bark	28 mg *
Clove Stem	60 mg *	Slippery Elm Bark	28 mg *
Garlic Root /Bulb Powder	60 mg *	Fennel Seed	28 mg *
Grapefruit Seed Extract 95%	36 mg *	Phytase (50 FTU/g)	5.0 mg *
Rhubarb Root	36 mg *	Cellulase (150,000 CU/g)	1.5 mg *
Wormwood Herb	36 mg *	Lipase RO (15,000 FIP/g)	8.6 mg *
Pumpkin Seed	28 mg *	Protease (500,000 HUT/g)	2.0 mg *
Turmeric Root	28 mg *	Amylase (100,000 DU/g)	2.0 mg *

Other ingredients: Vegetarian capsule (hypromellose, water).  
CONTAINS: TREE NUTS (BLACK WALNUT).

## Product Certifications



Made in the USA with domestic and imported ingredients.

## Find Out More

[www.HerbalParasiteGuardian.com](http://www.HerbalParasiteGuardian.com)

## Key Features

- A precise blend of 13 natural plant and herbal ingredients plus 5 digestive enzymes
- Designed to help eliminate and expel parasites
- Supports the body during times of infection, especially from parasites, fungi, or viruses

## Suggested Use

Begin by taking 1 capsule as a single dose at bedtime with a full 8 ounce glass of water. Take a few hours before or after taking other medications or health products. Best taken on an empty stomach. Take two to three times per week. If results are not observed, the frequency may be increased to once daily.

Store in a cool / dry location.

## Product Dimensions

90 Veggie Caps  
Cap Diameter: 1.5 inches  
Bottom Diameter: 2 inches  
Height: 4 inches  
Weight: 3.1 ounces



### Caution:

Do not use if pregnant or breastfeeding.





# Magnesium Breakthrough

## Premium Magnesium Complex



- Contains the full spectrum of all seven forms of the most bioavailable magnesium and vitamin B6 to support mental health and promote a healthy stress response
- Supports stress resilience, relaxation, restful sleep, hormone balance, muscle function, bone health, and more
- Includes key cofactors vitamin B6, manganese, and a humic/fulvic monoatomic blend to improve magnesium absorption

Available in 30 and  
60 Veggie Caps

Premium Magnesium  
Complex  
Version 4.0

	Amount Per Serving	%DV
Vitamin B6 (as pyridoxine HCl)	2 mg	118%
Elemental Magnesium (from 1711 mg of Magnesium Proprietary Blend)	500 mg	120%
Magnesium Chelate		
Magnesium Bisglycinate		
Sucrosomial® Magnesium (as magnesium oxide)		
Magnesium Malate		
Magnesium Orotate		
Magnesium Taurate		
Magnesium Citrate		
Humic/Fulvic Monoatomic Blend		
Manganese (as manganese citrate)	1 mg	43%

**Other Ingredients:** Cellulose (capsule), Nu-Mag®, Nu-Flow®, Silica.  
Sucrosomial® is a registered trademark of Alesco S.r.l.  
Nu-FLOW® and Nu-MAG™ are Registered Trademarks of RIBUS, Inc.

## Product Certifications



Made in the USA with domestic  
and imported ingredients.

## Find Out More

[www.magnesiumbreakthrough.com](http://www.magnesiumbreakthrough.com)

## Key Features

- May support digestion
- Supports healthy endocrine function
- Promotes healthy circadian rhythm and sleep cycles
- Promotes a balanced stress response
- Promotes cardiovascular health

## Suggested Use

Take 2 capsules with your evening meal.

Store in a cool/dry location away from  
direct light.

### Caution:

Keep out of reach of children. As with any product, discontinue immediately if adverse effects occur. Please consult a physician before beginning any new supplement, diet, training program, or if you are undergoing treatment of a medical condition.

## Product Dimensions

### 60 Veggie Caps

Cap Diameter: 1.5 inches  
Bottom Diameter: 2 inches  
Height: 4 inches  
Weight: 3.05 ounces



### 30 Veggie Caps

Cap Diameter: 1.5 inches  
Bottom Diameter: 1.75 inches  
Height: 3.5 inches  
Weight: 1.3 ounces



# CogniBiotics

## Enhance Your Mind and Mood!



- A nootropic blend of special herbs, prebiotics, and probiotics designed to enhanced mood and brain function, while also supporting overall gut health.
- Works by addressing the gut-brain axis, to support brain health, mental clarity, learning, memory, and focus by improving the gut bacteria
- Combines 17 adaptogenic herbs along with 10 powerful probiotic strains

60 Veggie Caps

Mind and Mood

Enhancing Probiotics

Version 1.0

	Amount Per Serving	%DV
Proprietary Probiotic Blend ( <i>L. casei</i> , <i>L. rhamnosus</i> , <i>B. animalis</i> , <i>B. breve</i> , <i>B. longum</i> , <i>L. reuteri</i> , <i>L. helveticus</i> , <i>L. plantarum</i> , <i>B. infantis</i> , <i>L. fermentum</i> )	30 billion CFU	*
Prebiotic Complex (Organic Inulin, Xylooligosaccharides (XOS))	260 mg	*
Chinese Herbal Blend ( <i>Cristaria plicata</i> (shell), <i>Reynoutria multiflora</i> (stem), <i>Ligustrum lucidum</i> (fruit), <i>Salvia miltiorrhiza</i> (root), <i>Eclipta prostrata</i> (herb), <i>Cuscuta chinensis</i> (seed), <i>Albizia julibrissin</i> (bark), <i>Rehmannia glutinosa</i> (root-taw), <i>Schisandra chinensis</i> (fruit), <i>Acorus tatarinowii</i> (rhizome), <i>Bupleurum chinense</i> (root), <i>Paeonia lactiflora</i> (root-wine-fried), <i>Cyperus rotundus</i> (rhizome-vinegared), <i>Citrus aurantium</i> (fruit stir-fried), <i>Ligusticum chuankong</i> (rhizome), <i>Glycyrrhiza uralensis</i> (root), <i>Citrus reticulata</i> (peel))	280 mg	*

\* Daily Value not established  
**Other Ingredients:** L-Leucine, silica, hypromellose (capsule)

## Product Certifications



Made in the USA with domestic and imported ingredients.

## Find Out More

[www.cognibiotics.com](http://www.cognibiotics.com)

## Key Features

CogniBiotics® contains all of the probiotic strains you need to positively transform your second brain and:

- Help with brain fog and procrastination
- Promote relaxation and balanced stress response
- Improves the balance of neurotransmitters, including acetylcholine, serotonin, GABA, and dopamine in the brain
- Protect the brain against oxidative stress
- Supports brain function to sharpen mental clarity, memory, and focus.

## Suggested Use

Take 2 capsules on an empty stomach upon waking.

## Product Dimensions

60 Veggie Caps

Cap Diameter: 1.58 inches

Bottom Diameter: 1.95 inches

Height: 3.78 inches

Weight: 1.98 ounces



## Caution:

Keep out of reach of children. As with any product, discontinue immediately if adverse effects occur. Please consult a physician before beginning any new supplement, diet, training program, or if you're undergoing treatment of a medical condition.

# Microbiome Breakthrough™

## The Ultimate Leaky Gut Solution

- Promotes a healthy and strong gut barrier
- Helps relieve mild gastrointestinal discomfort such as bloating and gas
- Supports a balanced, healthy inflammatory response in the gut
- Promotes healthy immune response
- Increases nutrient absorption and boosts energy levels



Net weight: 150 g

### Vanilla and Chocolate Flavor Powder Complex Version 1.0

#### Vanilla Flavor

Amount Per Serving	%DV*	Amount Per Serving	%DV*
Calories	16	IgY™ Max (Hyperimmunized Egg Powder)	2000 mg **
Calories from Fat	0 g	Lactobacillus Blend (10 billion CFU)	65 mg **
Total Fat	1 g 1%	L. rhamnosus, L. gasseri, L. helveticus	
Total Carbohydrate	2 g <1%	*Percent Daily Values are based on a 2,000 calorie diet	
Dietary Fiber	2 g 7%	** Daily Value (DV) not established.	
Protein	1 g 2%		

**Other Ingredients:** Organic inulin, isomalto-oligosaccharides, D-ribose, stevia (leaf) extract, vanilla flavor.  
IgY Max™ is a registered trademark of IgY Nutrition.

#### Chocolate Flavor

Amount Per Serving	%DV*	Amount Per Serving	%DV*
Calories	17	IgY™ Max (Hyperimmunized Egg Powder)	2000 mg **
Calories from Fat	0 g	Lactobacillus Blend (10 billion CFU)	65 mg **
Total Fat	1 g 1%	L. rhamnosus, L. gasseri, L. helveticus	
Total Carbohydrate	1 g <1%	Bovine Collagen	500 mg **
Dietary Fiber	1 g 4%	Bovine Bone Broth	500 mg **
Protein	2 g 4%	*Percent Daily Values are based on a 2,000 calorie diet.	
		** Daily Value (DV) not established.	

**Other Ingredients:** Organic inulin, isomalto-oligosaccharides, D-ribose, stevia (leaf) extract, vanilla flavor, Peruvian cacao, cocoa powder.  
IgY Max™ is a registered trademark of IgY Nutrition.

## Product Certifications



Made in the USA with domestic and imported ingredients.

## Find Out More

[www.biomebreakthrough.com](http://www.biomebreakthrough.com)

## Key Features

- Leaky Gut Guardian - Vanilla flavor - is vegetarian-friendly, gluten free and dairy free blend of IgY Max and gut-friendly bacteria, designed to improve digestive function and promote overall GI health
- Leaky Gut Guardian - Chocolate flavor - is gluten free and dairy free blend of collagen, bone broth, IgY Max and gut-friendly bacteria, designed to improve digestive function and promote overall GI health
- IgY Max has been shown in studies to improve gastrointestinal integrity by increasing beneficial flora, soothing and strengthening the gut barrier
- IgY Max has been shown to work along the entire length of the GI tract
- L. gasseri may support healthy metabolism in combination with diet and exercise

## Suggested Use

Add one level scoop to 8 oz. of water.  
Take once a day on an empty stomach.  
Store in a cool / dry location.

## Product Dimensions

**Net weight: 150 g**  
Bottom Diameter: 3.70 inches  
Top Diameter: 3.69 inches  
Height: 2.92 inches  
Weight: 7.36 ounces

Vanilla Flavor



Chocolate Flavor



## Caution:

Keep out of reach of children. Consult with a healthcare professional if pregnant or breastfeeding. Consult with a pediatrician before giving to children. As with any product, discontinue immediately if adverse effects occur. Please consult a physician before beginning any new supplement, diet, training program, or if you're undergoing treatment of a medical condition.

Allergen information:  
Contains eggs.

# kApex

## Improve Keto, Low-Carb, and Paleo Digestion



- Supports amino acid and lipid (protein and fat) absorption
- Enhances fat loss (when combined with proper exercise and nutrition)
- Helps reduce keto flu and fatigue during keto-adaptation
- Reduces digestive upset from high-fat meals

### 120 Veggie Caps

### Energy-Boosting Enzyme Formulation

### Version 3.0

	Amount Per Serving	%DV
Tri-PHase Protease (230,283 HUT) (endo- and exo-peptidases)	477 mg	*
Protease 6.0	25,512 HUT	
Protease 4.5	204,770 HUT	
Protease 3.0	144 SAPU	
Lipa4 Lipase (4,900 FIP)	70 mg	*
Lipase Fungal (Japan)	400 FIP	
Lipase Fungal (China)	1,500 FIP	
Lipase Fungal ( <i>Mucor javanicus</i> )	50 LU	
Lipase Fungal ( <i>Aspergillus niger</i> )	3,000 FIP	
L-Carnitine Powder	236 mg	*
Innoslim®	90 mg	*
AstraZyme™ (proprietary blend of enzymes, extracts of astragalus & notoginseng, and trace minerals)	50 mg	*
Betaine HCL	41.2 mg	*
Dandelion Root Powder	1.4 mg	*
Ubiquinone (CoQ10)	34 mg	*
Trace Mineral	10.4 mg	*

\*Daily Value not established

**OTHER INGREDIENTS:** RICE EXTRACT,  
CAPSULE (VEGETABLE CELLULOSE AND  
WATER)

## Product Certifications



Made in the USA with domestic  
and imported ingredients.

## Find Out More

[www.kenergize.com](http://www.kenergize.com)

## Key Features

- Supports digestion for people following a ketogenic, paleo or low-carb diet
- Promotes increased energy
- Helps break down fats

## Suggested Use

Take 2 capsules with each meal.

(May take 2-4 capsules with each meal and  
4-6 capsules upon waking on an empty  
stomach.)

Do not take kApex after 5pm.

Keep refrigerated once opened.

## Product Dimensions

### 120 Veggie Caps

Cap Diameter: 1.5 inches  
Bottom Diameter: 2 inches  
Height: 4.5 inches  
Weight: 3.6 ounces



### Caution:

Do not use if ulcer or  
gastritis are present.

# VegZymes

## Plant-Based Digestive Support Enzymes



- Provides 17 potent enzymes in each capsule, formulated at ideal ratios to support nutrient absorption and smooth digestion of plant-rich foods
- Provides specific enzymes that are eaten in higher quantities on a raw-foods diet, allowing those who prefer eating cooked foods to get similar benefits they would get from eating raw foods
- Reduces mild bloating that can be associated with a diet based mostly or completely on plant-based foods

### 120 Veggie Caps

Supports Plant-based  
Digestion

Version 1.0

	Amount Per Serving	% DV
Enzyme Blend	68.58 mg	**
Amylase	7,500 SKB	**
Beta Glucanase	100 BGU	**
Pectinase S	9 Endo-PC	**
Protease FNP (Peptidase)	1,000 HUT	**
Cellulase (Trichoderma longibrachiatum)	375 CU	**
Cellulase (Aspergillus niger)	175 CU	**
Xylanase	175 XU	**
Hemicellulase	400 HCU	**
Alpha Galactosidase	50 GALU	**
Phytase	15 FTU	**
Protease Blend	33.56 mg	**
Protease	10,000 HUT	**
Protease	5,000 HUT	**
Protease (Acid Stable)	30 SAPU	**
Lipase Blend	20 mg	**
Lipase	750 FIP	**
Lipase	250 FIP	**
Lipase (Japan)	100 FIP	**
Lipase Fungal (Validase MH)	25 LU	**
AstraZyme®	35 mg	**
InnoSlim®	45 mg	**
Betaine HCL	10 mg	**

\*Daily Value not established

OTHER INGREDIENTS: RICE EXTRACT, CAPSULE (VEGETABLE CELLULOSE AND WATER)

## Product Certifications



Made in the USA with domestic  
and imported ingredients.

## Find Out More

[www.vegzymes.com](http://www.vegzymes.com)

## Key Features

- VegZymes is an advanced enzyme formulation designed to aid digestion on a plant-based diet
- Each vegan-friendly capsule contains a unique blend of 17 enzymes to assist in the breakdown of fibers, starches, sugars, fats and proteins
- These full-spectrum enzymes are designed to be taken with your plant based meals or protein shakes
- Contains no soy, no gluten, and is 100% vegan

## Suggested Use

Take 2 capsules with each meal. (May take 1-3 capsules with each meal and 1-2 capsules in between meals).

## Product Dimensions

### 120 Veggie Caps

Top Diameter: 1.75 inches  
Bottom Diameter: 2.25 inches  
Height: 3.87 inches  
Weight: 3.5 ounces



## Caution:

In the unlikely event you experience any adverse side effects while using our products, call us toll free at: (+1) 800-719-2467

# Protein Breakthrough

## Optimize Your Protein Intake and Fitness Goals



- The perfect “on-the-go” healthy, organic\*, low-glycemic, high-protein meal replacement
- Each serving provides 23 grams of protein and 7 grams of fiber, helping you feel satiated, reduce cravings and reach weight loss goals along with a healthy diet and exercise
- Supports your lean muscle with the perfect plant-based protein blend ratio of pea protein, hemp protein, and pumpkin seed protein
- Insoluble fiber promotes a healthy digestive system and gut biome and supports smooth bowel movements
- Vegan, low-carb, low-glycemic, soy-free, and gluten-free
- Loaded with essential amino acids using a balanced combination of proteins to help you recover faster from workouts, preserve your lean muscle, and burn fat

\*The percentage of organic ingredients in Protein Breakthrough Chocolate Bliss is 97.375%

Net Weight: 2lbs / 907 g

Chocolate Bliss -  
Plant-based Protein  
Supplement

Version 4.0

	Amount Per Serving	%DV
Calories	230	
Calories from Saturated Fat	15	
Total Fat	7 g	9%*
Saturated Fat	2 g	10%*
Total Carbohydrate	21 g	8%*
Dietary Fiber	7 g	25%*
Total Sugars	4 g	†
Includes 1 g Added Sugars		2%*
Protein	23 g	33%*
Calcium	67 mg	5%
Iron	8 mg	44%
Sodium	420 mg	18%
Potassium	414 mg	9%

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.  
† Daily Value (DV) not established

**Ingredients:** Plant Protein Blend (Organic Pea Protein, Organic Hemp Protein, Organic Pumpkin Seed Protein), Organic Cocoa Powder, Organic Erythritol, Organic Lucuma Powder, Organic Mesquite Powder, Sunflower Lecithin, Organic Coconut Palm Sugar, Organic Maca Root Powder, Organic Luo Han Guo (Monk Leaf Fruit), Himalayan Salt, Organic Vanilla Flavor, Organic Stevia Leaf Extract.  
**Contains:** Tree Nut (Coconut)

## Product Certifications



Made in the USA with domestic and imported ingredients.

## Find Out More

[www.proteinbreakthrough.com](http://www.proteinbreakthrough.com)

## Key Features

- Protein Breakthrough powder combines taste, nutrition, and organic ingredients in a convenient, easy-to-use format for everyday use
- Each serving provides 23 grams of protein and 7 grams of fiber
- Protein Breakthrough is non-GMO, containing no soy, no gluten, no dairy products, and is 100% vegan

## Suggested Use

It mixes easily in shakes and smoothies with avocado, coconut, or fruits, in oatmeal, muffins and cookies. For a delicious smoothie, blend 2-3 scoops with water, coconut water, or nut milk, and your favourite fruit.

Serving size - 2 scoops (56g).

## Product Dimensions

Net Weight: 2lbs / 907 g  
Lid Diameter: 4.6 inches  
Bottom Diameter: 5.5 inches  
Height: 10 inches  
Weight: 2.42 pounds / 907g



## Caution:

In the unlikely event you experience any adverse side effects while using our products, call us toll free at:

(+1) 800-719-2467

# Magnesium Breakthrough Drink

Get the 8 Forms of Magnesium You Need to Thrive In an Easy, Tasty, Daily Drink



- Combines 8 forms of high-absorption magnesium to power every part of your body
- Comes in 4 tasty flavors, Banana Mango, Fruit Punch, Raspberry Lemonade and Tart Cherry
- Also available in our unflavored, unsweetened option
- Magnesium is an essential mineral that powers over 600 enzymatic reactions in your body each day

## 30 Servings Premium Magnesium Drink Version 1.0

### Raspberry Lemonade

	Amount Per Serving	%DV
<b>Total Carbohydrates</b>	<1 g	<1%
<b>Total Sugar</b>	<1 g	<1%
<b>Includes &lt;1g Added Sugars</b>	<1g	<1%
<b>Elemental Magnesium</b>	325 mg	77%
(from 1,290 mg of Magnesium Proprietary Blend)		
Magnesium Chloride		
Magnesium Carbonate		
Magnesium Bisglycinate		
Succinomial Magnesium (from magnesium oxide)		
Magnesium Malate		
Magnesium Taurate		
Magnesium Orotate		
Magnesium Citrate		

**Other ingredients:** Organic raspberry fruit powder, organic lemon fruit powder, malic acid, dextrose, medium chain triglycerides, acacia gum, silica (from bamboo extract), organic stevia leaf extract, organic natural raspberry flavor, organic natural lemonade flavor, thaumatin (katemfe fruit extract).

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. †2,000 calories a day is used for general nutrition advice. ‡Daily Value not established.

### Fruit Punch

	Amount Per Serving	%DV
<b>Total Carbohydrates</b>	<1 g	<1%
<b>Total Sugar</b>	<1 g	<1%
<b>Includes &lt;1g Added Sugars</b>	<1g	<1%
<b>Elemental Magnesium</b>	325 mg	77%
(from 1,290 mg of Magnesium Proprietary Blend)		
Magnesium Chloride		
Magnesium Carbonate		
Magnesium Bisglycinate		
Succinomial Magnesium (from magnesium oxide)		
Magnesium Malate		
Magnesium Taurate		
Magnesium Orotate		
Magnesium Citrate		

**Other ingredients:** Organic pineapple fruit powder, organic strawberry fruit powder, organic orange fruit powder, malic acid, organic banana fruit powder, organic beet root juice powder, dextrose, medium chain triglycerides, acacia gum, silica (from bamboo extract), organic stevia leaf extract, organic natural fruit punch flavor, thaumatin (katemfe fruit extract).

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. †2,000 calories a day is used for general nutrition advice. ‡Daily Value not established.

### Banana Mango

	Amount Per Serving	%DV
<b>Calories</b>	15	
<b>Total Carbohydrates</b>	2 g	<1%
<b>Elemental Magnesium</b>	325 mg	77%
(from 1,290 mg of Magnesium Proprietary Blend)		
Magnesium Chloride		
Magnesium Carbonate		
Magnesium Bisglycinate		
Succinomial Magnesium (from magnesium oxide)		
Magnesium Malate		
Magnesium Taurate		
Magnesium Orotate		
Magnesium Citrate		

**Other ingredients:** Organic mango fruit powder, organic cardamom seed powder, coconut oil powder (coconut oil, soluble con fiber, sodium caseinate, sunflower lecithin and silicon dioxide), malic acid, anatto seed powder, banana juice powder, organic gum acacia, organic natural flavor, thaumatin powder.

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

**CONTAINS: TREE NUTS (COCONUT), MILK.**

### Unflavored

	Amount Per Serving	%DV
<b>Calories</b>	15	
<b>Total Fat</b>	2 g	3%
<b>Total Sugar</b>	0 g	**
<b>Includes 0g Added Sugars</b>	0g	0%
<b>Elemental Magnesium</b>	325 mg	77%
(as Magnesium Chloride, Magnesium Carbonate, Magnesium Bisglycinate, Succinomial Magnesium (from magnesium oxide), Magnesium Malate, Magnesium Taurate, Magnesium Orotate, Magnesium Citrate)		

**Other ingredients:** Medium chain triglycerides, silica (from bamboo leaf extract).

\*Percent Daily Values are based on a 2,000 calorie diet. \*\*Daily Value (DV) not established.

### Tart Cherry

	Amount Per Serving	%DV
<b>Calories</b>	10	
<b>Total Fat</b>	0.5 g	<1%
<b>Total Carbohydrates</b>	2 g	<1%
<b>Elemental Magnesium</b>	325 mg	77%
(as Magnesium Chloride, Magnesium Carbonate, Magnesium Bisglycinate, Succinomial Magnesium (as Magnesium Oxide), Magnesium Malate, Magnesium Taurate, Magnesium Orotate, Magnesium Citrate)		
Organic Tart Cherry Powder (fruit) (Cerasus vulgaris)	1 g	**

**Other ingredients:** Malic acid, black cherry flavor, silica (from bamboo extract), beet root juice powder, thaumatin powder (katemfe fruit extract).

\*Percent Daily Values are based on a 2,000 calorie diet. \*\*Daily Value (DV) not established.

## Key Features

- Supports deep, easy sleep and a balanced relaxation response
- A key nutrient for a healthy immune response
- Provides an essential electrolyte to boost mental and physical performance
- Made with organic, natural flavors and colors
- Sweetened with Katemfe fruit extract: a protein that is 3,000 times sweeter than sucrose (does not spike glucose when metabolized)

## Suggested Use

Our bodies don't store magnesium well, so it is recommended to take Magnesium Breakthrough Drink daily.

Mix 1 serving with water, juice, or liquid of choice. Take in the morning for increased energy and improved brain function. Or take in the evening to wind down and promote deeper sleep.

Store in a cool, dry location.

## Product Certifications



Made in the USA with domestic and imported ingredients.

## Find Out More

[biooptimizers.com/magnesium-breakthrough-drink](http://biooptimizers.com/magnesium-breakthrough-drink)

## Product Dimensions

### Raspberry Lemonade

Jar Diameter: 3.6 inches  
Bottom Diameter: 3.7 inches  
Height: 1.4 inches  
Weight: 201g



### Fruit Punch

Jar Diameter: 3.6 inches  
Bottom Diameter: 3.7 inches  
Height: 1.4 inches  
Weight: 189g



### Banana Mango

Jar Diameter: 3.6 inches  
Bottom Diameter: 3.7 inches  
Height: 1.4 inches  
Weight: 156g



### Unflavored

Jar Diameter: 3.6 inches  
Bottom Diameter: 3.7 inches  
Height: 1.4 inches  
Weight: 117g



### Tart Cherry

Jar Diameter: 3.6 inches  
Bottom Diameter: 3.7 inches  
Height: 1.4 inches  
Weight: 152g



## Caution:

Keep out of reach of children. As with any product, discontinue immediately if adverse effects occur. Please consult a physician before beginning any new supplement, diet, training program, or if you are undergoing treatment of a medical condition.

# Mushroom Breakthrough™

Harness the Power of Mushrooms to Upgrade Your Brain, Hair, Nails, Skin, Immune Response, and More.



- A blend of four mushrooms and collagen that supports maximum brain power, healthier skin, hair, and nails, and a balanced immune response.
- Contains over 1lbs+ of fresh, concentrated mushrooms in each serving: Lion's Mane, Reishi, Cordyceps, Chaga
- Supports healthy cognitive function
- Promotes consistent energy throughout the day
- Contains 500 mg marine collagen and 2500 mg bovine collagen, providing additional support for healthy skin, joints, and bones

30 Servings

Premium Superfood Blend

Version 3.0

Salted Caramel

	Amount Per Serving	%DV
Calories	90	
Total Fat	3.5 g	5%*
Saturated Fat	1.5 g	10%*
Total Carbohydrate	10 g	3%*
Dietary Fiber	1 g	4%*
Total Sugars	1 g	†
Includes 1 g Added Sugars		3%*
Protein	3 g	
Sodium	200 mg	9%
Lion's Mane Extract ( <i>Hericium erinaceus</i> ) (fruiting body)	4,600 mg	†
Chaga ( <i>Phaeoglossum obliquus</i> ) (fruiting body extract)	2,000 mg	†
Bovine Collagen	1,500 mg	†
Marine Collagen (fish)	1,000 mg	†
Cordyceps ( <i>Paeclionyces hepiali</i> ) (mycelium extract)	500 mg	†
Reishi Extract ( <i>Ganoderma lucidum</i> ) (fruiting body)	500 mg	†

\*Percent Daily Value (DV) are based on a 2000 calorie diet.

†Daily Values not established.

**Other ingredients:** Organic Cashew Nut Milk Powder (Organic Cashew Kernel, Organic Tapioca Maltodextrin), Coconut Oil Powder (Coconut Oil, Gum Arabic), Organic Natural Flavor (organic dextrose and natural flavors), Himalayan and Celtic Sea Salt, Medium Chain Triglyceride Powder (MCT Oil, Gum Acacia), Organic Monk Fruit Extract, Thaumatin Powder.

**CONTAINS: FISH (COD, TILAPIA), TREE NUTS (COCONUT, CASHEW).**

Chocolicious

	Amount Per Serving	%DV
Calories	50	
Total Fat	2.5 g	3%*
Saturated Fat	1.5 g	8%*
Total Carbohydrate	4 g	1%*
Dietary Fiber	1 g	3%*
Total Sugars	1 g	†
Protein	3 g	
Lion's Mane Extract ( <i>Hericium erinaceus</i> ) (fruiting body)	5.1 g	†
Chaga Extract ( <i>Inonotus obliquus</i> ) (fruiting body)	1.5 g	†
Marine Collagen	1.5 g	†
Bovine Collagen	1 g	†
Reishi Extract ( <i>Ganoderma lucidum</i> ) (fruiting body)	600 mg	†
Cordyceps sinensis Extract (mycelium)	300 mg	†

\*Percent Daily Value (DV) are based on a 2000 calorie diet.

†Daily Value (DV) not established.

**Other ingredients:** Organic Cashew Milk Powder (Organic Cashew Kernel, Organic Tapioca Maltodextrin), Coconut Oil Powder (Coconut Oil, Soluble Corn Fiber, Sodium Caseinate (milk derivative), Sunflower Lecithin, Silicon Dioxide), Organic Cocoa Powder, MCT Oil (Medium Chain Triglycerides, Acacia Gum), Himalayan Pink Salt, Organic Monk Fruit Extract, Thaumatin Powder.

**CONTAINS: MILK, FISH (COD, TILAPIA), TREE NUTS (CASHEW).**

## Product Certifications



Made in the USA with domestic and imported ingredients.

Find Out More

[bioptimizers.com/mushroom-breakthrough](http://bioptimizers.com/mushroom-breakthrough)

## Key Features

- Loaded with highly concentrated mushroom extracts, each serving gives you the equivalent of eating over 1lbs+ of fresh, medicinal mushrooms
- Packed with 5 superfoods: Reishi, Lion's Mane, Chaga, Cordyceps, and Collagen
- Helps optimize brain health, energy, immune response, relaxation response, and more
- 2 tasty flavors: Salted Caramel, and Chocolicious
- Flavored and colored using real, natural ingredients

## Suggested Use

Mix 2 scoops with 6 oz water, almond milk or your liquid of choice. For a stronger drink, use 3-4 scoops.

Take daily for best results. Store in a cool, dry location.

## Product Dimensions

**Salted Caramel**

Jar Diameter: 4.8 inches

Bottom Diameter: 4.8 inches

Height: 5.2 inches

Weight: 570g



**Chocolicious**

Jar Diameter: 4.8 inches

Bottom Diameter: 4.8 inches

Height: 5.2 inches

Weight: 546g



## Caution:

Use only as directed.

Keep out of reach of children. Do not use if the imprinted seal under the cap is broken, damaged, or missing. As with any product, consult a healthcare practitioner prior to use, especially if you are pregnant or nursing, have a serious medical condition, or use any other supplements or medications. Discontinue use if adverse effects occur.



[www.bioptimizers.com](http://www.bioptimizers.com)



[support@bioptimizers.com](mailto:support@bioptimizers.com)



1.800.719.2467

BIOptimizers™





# Sleep Breakthrough™

## Blueberry Dreams Extended Sleep

### Naturally Trigger Your Body's Sleep Pathways for the Deepest Sleep You've Had In Years

- A custom blend of relaxation-promoting ingredients helps you fall asleep without tossing and turning or staring at the ceiling
- Wake up feeling refreshed and energized each morning without the “hangover” other sleep aids can bring
- Get deep, high-quality sleep throughout the night without any interruptions

30 Servings

All-Natural Sleep Aid

Version 2.0

Nutrition Facts		
Amount Per Serving		
	mg	% DV
Calories	10	
Vitamin B6 (from Pyridoxal-5-Phosphate)	10 mg	588%
Magnesium (from Magnesium Bisglycinate Chelate)	125 mg	30%
Zinc (from Zinc Picolinate)	200 mg	55%
Potassium (from Potassium Gluconate)	200 mg	4%
Glycine	3,000 mg	†
Taurine	2,500 mg	†
Bamboo Leaf Extract (70% Silica)	350 mg	†
Calcium Citrate	250 mg	†
L-Theanine	200 mg	†
Gamma-Aminobutyric Acid (GABA) (from PharmaGABA™)	75 mg	†
Magnolia Bark Extract	30 mg	†

† Daily Value (DV) not established

**Other Ingredients:** Malic Acid, Organic Grape Juice Powder, Blue Spirulina Phycocyanin (color), Calcium Citrate, Organic Mixed Berry Powder, Organic Monk Fruit Extract, Thaumatin Powder, Organic Beetroot Juice Powder (color).

**Allergens:** None.  
Manufactured in a facility that also process ingredients containing milk, eggs, fish, shellfish, tree nuts, peanut, wheat, sesame, and soy.

## Product Certifications



Made in the USA with domestic and imported ingredients.

## Find Out More

[www.sleepbreakthrough.com](http://www.sleepbreakthrough.com)

## Key Features

- GABA, potassium, magnolia root bark, and more go to work fast, promoting relaxation and deep, easy sleep
- Helps you fall asleep quickly each night
- Reduces the chance of waking up during the night
- Comes in our tasty, easy-to-drink, blue berry dream flavor
- Sweetened, colored, and flavored with all-natural ingredients like organic monk fruit extract and blue spirulina

## Suggested Use

Start with 1 teaspoon (2 scoops). If it doesn't work for you, reduce to 1/2 teaspoon (1 scoop), and if needed, try 1/4 teaspoon (1/2 scoop).

Do not exceed 3 scoops in a night. Keep in mind that too much can have the opposite effect on sleep. Experiment to find the optimal dose for you.

For best results, stack with 2 capsules of Magnesium Breakthrough.

## Product Dimensions

**Net Weight:** 206 g

Jar Diameter: 7 inches

Bottom Diameter: 7 inches

Height: 6 inches

Weight: 7.3 ounces



## Caution:

This product causes drowsiness. This means do not operate heavy equipment, drive a car, downhill ski, or do anything else that requires your attention after taking this product.



# Sleep Breakthrough™

## Tropical Dreams Extended Sleep

Formulated For Deep, Long Sleep For Nights When You Really Need It.

- This formula ups the magnolia bark 250% over our “Deep Sleep Formula” giving you extended, deep sleep that lasts all night
- Experience an even deeper sleep without interruptions for nights you really need it
- Use this as an “emergency parachute” for nights you struggle to fall asleep

25 Servings

All-Natural Sleep Aid

Version 1.0

	Amount Per Serving	%DV*
Calories	20	
Vitamin B6 (as Pyridoxal-5-Phosphate)	6 mg	353%
Magnesium (from Magnesium Bisglycinate)	22 mg	5%
Zinc (from Zinc Picolinate)	6 mg	54%
Potassium (from Potassium Gluconate)	33 mg	<1%
Glycine	2,900 mg	†
Taurine	2,400 mg	†
Bamboo Leaf ( <i>Phyllostachys viridis</i> ) (Leaf Extract)	350 mg	†
L-Theanine	200 mg	†
Magnolia ( <i>Magnolia officinalis</i> ) (Bark Extract)	75 mg	†

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.  
†%DV not established.

**Other Ingredients:** Strawberry Juice Powder, Organic Natural Flavor, Malic Acid, Calcium Citrate, Pineapple Juice Powder, Thaumatin Powder.

**Allergens:** None.

## Product Certifications



Made in the USA with domestic and imported ingredients.

## Find Out More

[www.sleepbreakthrough.com](http://www.sleepbreakthrough.com)

## Key Features

- Packed with 9 ingredients that promote relaxation
- Reduces the chance of waking up during the night
- Comes in our tasty, easy-to-drink, tropical dream flavor
- Sweetened, colored, and flavored with all-natural ingredients like pineapple and strawberry juice powder

## Suggested Use

Start with 1 teaspoon (2 scoops). If it doesn't work for you, reduce to 1/2 teaspoon (1 scoop), and if needed, try 1/4 teaspoon (1/2 scoop).

Do not exceed 3 scoops in a night. Keep in mind that too much can have the opposite effect on sleep. Experiment to find the optimal dose for you.

For best results, stack with 2 capsules of Magnesium Breakthrough.

## Product Dimensions

**Net Weight:** 219.5 g

Jar Diameter: 7 inches

Bottom Diameter: 7 inches

Height: 6 inches

Weight: 7.7 ounces



## Caution:

This product causes drowsiness. This means do not operate heavy equipment, drive a car, downhill ski, or do anything else that requires your attention after taking this product.





# Stress Guardian™

This Blend of Traditional Medicinal Herbs Balances Your Stress Response and Keeps You Resting Easy

- An all-natural formula that enhances stress resilience and promotes a balanced stress response
- Supports mental clarity during stressful times
- Helps maintain a healthy immune response during stressful periods
- Promotes optimal cognitive function and circadian rhythm during periods of stress

90 Veggie Caps

All-Natural Stress Support

Version 1.0

	Amount Per Serving	% DV
Proprietary Blend	2,001 mg	**
Eleutherococcus ( <i>Eleutherococcus senticosus</i> ) (root/stem), Astragalus ( <i>Astragalus membranaceus</i> ) (root), Reishi ( <i>Ganoderma lucidum</i> ) (fruiting bodies), Fo-Ti ( <i>Polygonum multiflorum</i> ) (cured root tuber), Goji ( <i>Lycium barbarum</i> ) (fruit), Licorice ( <i>Glycyrrhiza uralensis</i> ) (root/rhizome), Schisandra ( <i>Schisandra chinensis</i> ) (fruit), Asian Ginseng ( <i>Panax ginseng</i> ) (root), Tienchi Ginseng ( <i>Panax notoginseng</i> ) (root), Chinese Sage ( <i>Salvia miltiorrhiza</i> ) (root/rhizome), Kudzu ( <i>Peararia lobata</i> ) (root), Chinese Peony ( <i>Paeonia lactiflora</i> Pall.) (root without bark), Cordyceps ( <i>Cordyceps militaris</i> ) (fruiting bodies), Rhodiola ( <i>Rhodiola rosea</i> L.) (whole plant)		

\*\* Daily Value not established

Other Ingredients: Hypromellose capsule.

## Product Certifications



Made in the USA with domestic and imported ingredients.

## Find Out More

[biooptimizers.com/stressguardian](http://biooptimizers.com/stressguardian)

## Key Features

- Custom blend of 14 ancient herbs, formulated synergistically to boost the overall effectiveness of each
- Helps support your mental and neurological health no matter what the world throws at you
- Daily driver for better mental clarity, focus, and improved mood
- Promotes restful sleep and recovery after long, stressful days
- Vegan-friendly, made with natural herbs and veggie caps

## Suggested Use

For optimal benefits, take 3-5 capsules of Stress Guardian during stressful periods. To enhance its effects, pair it with 1-2 grams of healthy fats like algae oil, MCT, krill, or fish oil. To ensure it doesn't interfere with your sleep, avoid taking it after 6 pm.

*Stressful periods Stress Guardian can help with include: high-pressure work situations, major life transitions, post-workout recovery, public speaking or performances, sleep disturbances due to stress, or even travel and jet lag.*

## Product Dimensions

90 Veggie Caps

Cap Diameter: 1.875 inches

Bottom Diameter: 2.375 inches

Height: 4.375 inches

Weight: 3.04 ounces



## Caution:

Keep out of reach of children. As with any product, discontinue immediately if adverse effects occur. Please consult a physician before beginning any new supplement, diet, training program, or if you are undergoing treatment of a medical condition.





# Berberine Breakthrough

## Optimize Your Blood Sugar Levels and Support Your Metabolism

- Increases blood sugar uptake into muscles rather than fat cells
- Helps maintain healthy blood sugar levels already within a normal range
- May support a healthy insulin response
- Supports healthy carbohydrate metabolism
- Helps curb cravings
- Supports overall health and may raise your energy levels.

60 Veggie Caps

Blood Sugar Support  
Complex

Version 2.0

	Amount Per Serving	%DV
Biotin	2 mg	6667%
Chromium (as chromium picolinate)	400 mcg	1143%
Proprietary Blend	638 mg	**
Cyanthox™ 30 Hippophae rhamnoides L (fruit) Extract (30% proanthocyanidins)		
Irvingia gabonensis (seed)		
Naringin		
Benfotiamine		
R-Alpha Lipoic Acid		
Banaba (leaf) Extract (20% corosolic acid)		
Gymnema sylvestre (leaf) Extract		
Fucoxanthin 10%		
Bitter Melon (fruit) Extract (10% charantin)	200 mg	**
Glucovantage® Dihydroberberine	100 mg	**
Cinnulin PF® Cinnamon (bark) 20:1 Extract	100 mg	**
InnoSlim® (Blend of Panax notoginseng and Astragalus membranaceus)	75 mg	**

\*Daily Value not established

**Other ingredients:** Hypromellose (capsule), rice fiber, rice extract blend.

Cyanthox™ is a trademark of Puredia Usa Corporation  
Glucovantage® is a registered trademark of NNB Nutrition  
CinnulinPF® is a registered trademark of IN Ingredients Inc.  
InnoSlim® is a registered trademark of Nuliv Science.

## Product Certifications



Made in the USA with domestic and imported ingredients.

## Find Out More

[www.Bloodsugarbreakthrough.bio](http://www.Bloodsugarbreakthrough.bio)

## Key Features

- Supports overall gut health and helps maintain healthy blood sugar levels already within a normal range
- May support healthy insulin response/ sensitivity
- May benefit those wanting to balance blood sugar when eating simple carbs

## Suggested Use

Take 2 capsules before each meal.

Store in a cool / dry location.

### Caution:

Keep out of reach of children. As with any product, discontinue immediately if adverse effects occur. Please consult a physician before beginning any new supplement, diet, training program, or if you're undergoing treatment of a medical condition.

## Product Dimensions

60 Veggie Caps

Cap Diameter: 1.58 inches

Bottom Diameter: 1.95 inches

Height: 3.78 inches

Weight: 1.98 ounces



[www.bioptimizers.com](http://www.bioptimizers.com)



[support@bioptimizers.com](mailto:support@bioptimizers.com)



1.800.719.2467

BIOptimizers™



# Sleep Breakthrough™

## The Ultimate Sleep Support Supplement

- Helps recalibrate your circadian rhythm for better sleep-wake cycles
- Promotes faster sleep onset, allowing you to fall asleep within minutes
- May improve next-day alertness and reduce morning grogginess by optimizing sleep quality

60 Veggie Caps

All-Natural Sleep Aid

Version 2.0

### Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 30

	Amount Per Serving	%DV
Vitamin B6 (as Pyridoxal-5-Phosphate)	2.4 mg	141%
Magnesium (as Magnesium Glycinate)	35 mg	8%
Zinc (as Zinc Picolinate)	1.5 mg	14%
L-Glycine	588 mg	*
L-Taurine	200 mg	*
L-Theanine	200 mg	*
Magnolia Bark Extract (2% Honokiol + Magnolol)	75 mg	*

\*Daily Value (DV) not established.

Other Ingredients: Hypromellose (Capsule), Microcrystalline Cellulose, Ascorbyl Palmitate.

### Product Certifications



Made in the USA with domestic and imported ingredients.

### Find Out More

[biooptimizers.com/sleepbreakthrough](http://biooptimizers.com/sleepbreakthrough)

### Key Features

- Gives your body cofactors that aid melatonin production
- Increases your desire to go to sleep
- Helps you sleep through the night
- Wake up refreshed and energized
- For those who prefer capsules over a drink

### Suggested Use

Take 2 capsules of Sleep Breakthrough one hour before bed with a glass of water.

Do not exceed 8 capsules in a night. Keep in mind that too much can have the opposite effect on sleep.

REMEMBER: THE DOSE CREATES THE EFFECT.

AND EVERYONE HAS AN OPTIMAL DOSE FOR THEIR BRAIN AND BODY.

Experiment to find the optimal dose FOR YOU.

For the best results, stack with 2 capsules of Magnesium Breakthrough.

### Product Dimensions

60 Veggie Caps

Cap Diameter: 1.875 inches

Bottom Diameter: 2.375 inches

Height: 4.375 inches

Weight: 3.04 ounces



### Caution:

Use only as directed. Keep out of reach of children. Do not use if imprinted seal under the cap is broken, damaged, or missing. As with any product, consult a healthcare practitioner prior to use, especially if you are pregnant or nursing, have a serious medical condition, or use any medications. Discontinue use if adverse effects occur.



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